

## What Do We Do?

In 1974 The Youth Council was started by local counselors to help greater Nashua families build the skills they need to be strong, effective parents, raising children and teens that make good decisions and stay on track. Today we provide the safety net of support the local community relies on for more than 700 families per year. Our children and teens come from all walks of life, with all income levels, family structures and stressors.

Our programs are creative, affordable and effective! Grants through the state, United Way, City of Nashua and private foundations, along with donations from the community, allow us to offer sliding scale fees for some services and keep costs low for others. We partner with many organizations, schools and police departments to be sure that area youth are benefiting from the best services possible.



We are proud to have been recognized for our commitment to excellence and look forward to the opportunity to serve local families.

Our team is comprised of caring, committed professionals with a long history of service at The Youth Council. Given our small size – 7 full-time staff – we purposefully foster a culture of mutual support to help maintain the energy and perspective necessary to serve children, teens and families effectively.

**Please consider joining our team today!**

*"This program has really helped our family. I see such a difference in our son. You have guided him and inspired him to be a better person." ~ Parent*

[www.theyouthcouncil.org](http://www.theyouthcouncil.org)

## Therapeutic Partners



We are seeking licensed therapists that are NH insurance-eligible (LCMHC's, LICSW's, LMFT's, MLADC's) to join our clinical team on a per diem basis. You may choose as many or as few hours per week as you'd like.

Given that Nashua hosts a federally-funded mental health center, most of our clients are seeking brief intervention to help get back on track. Our children and teens struggle with grief, anxiety, depression, peer relationships, communication skills, substance misuse, life transitions, and the like. Some clients attend only a few sessions, while others maintain their connection for several months.

Clients who need medication or are currently taking medication get those needs met through a private provider of their choice and seek us out for mental health/behavioral health services.

**We do not offer 24 hour/on-call services, but help clients develop an emergency plan.**

## Location

Our accessible building is located in the heart of downtown Nashua at 112 West Pearl Street, Nashua, NH. We are in close proximity to the Elm Street parking garage and the bus transfer station. We have central A/C, elevator access and full, working windows.



Clients use metered parking along downtown side streets or the garage. Therapists are welcome to use long term meters in the Elm Street garage or have the option to purchase a parking placard for \$45 per month.

## Benefits

### Physical Office Space

Our Therapeutic Partners are provided with basic office furniture, a Windows-based computer, access to a networked printer and agency telephone with their own voicemail extension. We also provide a Youth Council email address and basic office supplies.

### Therapeutic Tools



We have a wide selection of therapeutic games, toys and art supplies our clinicians are welcome to use with clients. Given that we benefit from community donations, you are welcome to request certain items for use with clients, and we will do our best to secure them. We also have an extensive DVD library that can be used for individual sessions or groups.

### Administrative Services

The Youth Council's Office Coordinator provides a wide array of support services including allocating time to: prepare client receipts, accept cash, check and credit card payments, and make reminder phone calls as requested by you or your clients. We also handle all client billing, and verify insurance eligibility prior to each intake appointment. Medicaid eligibility is checked prior to each session. There are no additional charges for these services.



### Professional Development

The Youth Council offers a Peer Collaboration group for any of our Therapeutic Partners interested in participating. Each Partner is expected to meet the requirements to maintain licensure and is welcome to attend this group. Individual supervision may be arranged.

When opportunities arise to introduce new evidence-based practices or programs, The Youth Council will seek interested therapists to attend agency-paid training in order to build capacity to utilize the new practice.

## Providing Services

### Referral Sources

Given our 40+ year history successfully serving greater Nashua families, we often have a waiting list. Our clients are typically between age 5 and 18, although we provide individual counseling for parents, as well. We promote our services through local primary care providers, community agencies, guidance counselors, police departments and through work-of-mouth by satisfied clients.

Further, our Court Diversion Program and School Suspension Center often flag issues in which youth are referred for assessments and counseling. These are typically connected to anger management, substance misuse and trauma.

### Marketing

In the event our Therapeutic Partners are interested in expanding the size of their caseloads, we are happy to get-the-word out more formally through letters, ads or press releases. In addition, we are regularly invited to staff tables at local community events. Therapists are welcome to attend these events on our behalf to meet with potential clients and to widen their referral networks.

### Hours and Options

Given that we serve young people, most of our clients are seen during the afternoon and early evening hours, Monday through Friday. Saturday services are also an option if enough clinicians are interested in working. In addition, we have connections with several school districts that have sought us out to contract for school-based services. These options will be made available as requests arise.

In addition, since we operate a School Suspension Center for 5<sup>th</sup> through 8<sup>th</sup> graders, clinicians are also needed during day time hours to conduct assessments and provide written recommendations to parents and the school.

*Last year, we helped 130 greater Nashua families through our counseling services. Ninety-three percent indicated healthier coping strategies and 70% reported improvements in family functioning.*

## Compensation

The Youth Council offers a competitive hourly rate for direct, billable client hours, along with a stipend for completing specific written reports as required for Court or referring schools.

In order to lessen the tax burden for therapists, The Youth Council withholds payroll taxes and Social Security from our Partners' bi-weekly paychecks. A W-2 form is provided at year end.

Therapeutic Partners are also covered under our professional liability insurance, although securing one's own policy is recommended.

## Inquire Today!

If you are a licensed, NH insurance-eligible therapist and have:

- a passion for serving families;
- a commitment to self-care;
- exceptional communication skills;
- comfort with computers;
- and a sense of humor...

**please contact us!**

**Betsy Houde, MA**  
Executive Director  
889-1090 x315

bhoude@theyouthcouncil.org

**Patty Zaremba, LCMHC**  
Clinical Director  
889-1090 x 311

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*The Youth Council provides necessary and critical services to support the Nashua area. As a Nashua native, and now a parent myself, I can't imagine the city without this organization. I joined the Board of Directors so that I could play an integral role in our community.*

*What I found within this organization are high quality professionals with pure dedication to the youth of this community. I am proud to be a part of The Youth Council!*

*Christine Stein, MBA, Board President*  
BAE Systems

# Join our Team!



## As a Therapeutic Partner

The  
**YOUTH COUNCIL**  
Helping families flourish 

# 889-1090



112 West Pearl Street  
Nashua, NH 03060

one block down from Alec's Shoes

**www.theyouthcouncil.org**